## Sustainable Trail Design

EUS 305: EUS Practicum

## Sustainable Trail Design: Jot down a summary of Last Class

- Write these on the same paper you wrote the homework on (5+ problem areas for pedestrians/ cyclists in the Tivoli, Bard, and Red Hook areas).
- What was one new concept for you last class?
- What's one objective of the course?
- How did the activities from last class meet that course objective?
- BLACKOUT BINGO!

## BLACKOUT BINGO

A cross country

runner

FREE!

Someone who likes

critter-friendly

trails

Someone with the

trail name "Cool

Cat

Someone with the	Someone who has	Someone whose	A film major		
trail name "Tree	studied a parking	trail name would	(FREE!)		
Beard"	lot	be "Dewlap"	(FREE:)		

Someone with the

trail name

"Chipmunk"

Someone who has

spent a lot of time

in Burlington, VT

Someone whose

trail name comes

from Lord of the

Rings

Someone with the

trail name "One

More Mile"

Someone

interested in the

ecological aspects

of trails

Someone who runs

from Tivoli to

campus on the

**Tivoli Bays trails** 

Someone

interested in the

construction/maint

enance aspects of

trails

Someone with the

trail name "Trial

Trail"

A dance major

A chemistry major

A biology major

An EUS major

Someone with the

trail name "Trail

Mix"

Someone

interested in the

economic aspects

of trails

Someone who

wants to bring

their dog on our

field trips

Someone

interested in the

social/psychologica

I aspects of trails

Someone who

hiked all summer

with Jasper

#### **BLACKOUT BINGO**

Jasper (Francois)	Wendi	Isaiah	-our film major opted out-	Avery	
(many!)	Nikita	Hannah	(many!)	(many!)	
Olivia	Ella, Tom	FREE!	Miguel	(many!)	
(many!)	Tom	Rock, Tom	Vita	(many!)	
Duncan	Nick	Clara	Rock	Xaver	

#### Review Last Class

- Sustainable (the 3- or 4-legged stool):
  - Ecological (Planet)
  - Economical (Profit)
  - Equitable (People)
  - Enduring (Permanent)



#### Review Last Class

- Trail ("solvitor ambulando")
  - Foot/Pedal Transportation (Pedestrian)
  - Hiking Trails vs. Herd Paths and Social Trails
  - Bike Lanes vs. Multi-Use Trails
  - Rail Trails vs. Rails w/ Trails
  - Leisure vs. Commute

#### Review Last Class

- Design
  - Intention
  - Invention
  - Planning
  - Drawing
  - Mapping
  - Modeling
  - Creating
  - Constructing (architects, engineers, planners)

## Your Experience/Knowledge

- Walking/Running/Hiking/Biking Experience
- Volunteering/Gardening Experience
- Types of trails: Rural/Urban, Bike/Hike
- Interested in Conservation/Design

#### Exciting?

- Yes/Yes for an introductory day; 7/10
- Photos of trails
- Hearing people's/professor's interests/participation/sharing!
- Learning about the class
- Prospect of being in nature; Future
   hikes/explorations! Places we can go/things
   we can do
- Prospect of learning about trails

#### Confusing?

- Not much/Nothing/No/Not; 0/10
- A little worried about how little I know
- Assignments
- Structure of semester
- Slides we didn't get to see
- Terms used
- How to use a level

#### Want to learn more about?

- Trails in the area
- Philosophy of trail building
- Ecological impact/environmental cost of trails
- Wildlife surrounding trails
- Trails: process & policies & placement & funding
- Environmental Psychology
- Trail building techniques
- Getting out and actually work on trails
- All different types of sustainable trails
- Design/Designing Trails

#### Assignments - Overview

To achieve the course goal and objectives, each student will complete the following:

- 1. Case Study
- 2. Field Study
- 3. Volunteer for a sustainable trail organization
- 4. Final Project
- Students will also complete various in-class and homework assignments and readings to satisfy the participation requirement (free-writes, group/individual quizzes, charrettes, etc.).

#### Assignment 1: Case Study

- Pick a hiking trail, rail trail, or multi-use trail to study
- Analyze its layout, design, construction, maintenance, wayfinding, interpretation
- Analyze its impacts on the economy, environment, and society
- Make a slide show of 5-10 slides, with captions, to present to the class

#### Assignment 1: Case Study

- Tom has a list OR choose one from a list of the "world's best hikes" (VIRTUAL) OR a hike from your hometown
- 5-10 Photos: preferably at least one showing each:
  - Layout/design
  - 2. Construction
  - 3. Maintenance
  - 4. Wayfinding
  - 5. Interpretation
  - 6. Economic impact
  - 7. Environmental impact
  - 8. Societal impact
  - 9. Something/someone cool that has been on the trail
  - 10. Bonus: Selfie on trail! OR: Surprise me
- Captions have to explain each photo in 2-3 sentences

**CITE YOUR SOURCES!** 

(In the captions. Photos/info.)

O'Dowd, Tom. Lecture Slides. Bard College. Retrieved from the web 9/2/2015.

#### Assignment 2: Field Study

- Pick a hiking trail, rail trail, or multi-use trail to visit
- Observe its layout, design, construction, maintenance, wayfinding, interpretation
- Take 5-10 photos of the trail, capturing your observations
- Make a slide show of 5-10 slides, with captions, to present to the class

#### Assignment 2: Field Study

- Tom has a list OR choose one from the <u>Hudson River</u> <u>Valley RAMBLE list</u> OR choose your own
- 5-10 Photos: preferably at least one showing each:
  - 1. Layout/design
  - 2. Construction
  - 3. Maintenance
  - 4. Wayfinding
  - 5. Interpretation
  - 6. Economic impact
  - 7. Environmental impact
  - 8. Societal impact
  - 9. Something/someone cool you saw on the trail
  - 10. Selfie on trail!
- Captions have to explain each photo in 2-3 sentences

#### Assignment 3: Volunteer

- Pick a hiking, rail trail, or transportation organization to assist
- Arrange for 8 hours of volunteering
- Take 5-10 photos of your work (you w/supervisor, w/tools, & in action, etc.)
- Make a slide show of 5-10 slides, with captions, to present to the class

#### Assignment 3: Volunteer

- Tom has a list OR find your own (1-3 organizations depending on your schedule); Plan travel w/Tom
- 5-10 Photos: preferably at least one showing each:
  - 1. You with supervisor
  - 2. Supervisor evaluation form (checkboxes & signature)
  - 3. You with other employees/volunteers, clients/passersby
  - 4. You with tools (hammers, levels, clipboards, maps, etc.)
  - 5. You doing work (digging, drawing, tabling, etc.)
  - 6. Something else related to layout/design
  - 7. Something else related to construction/maintenance
  - 8. Something else related to wayfinding/interpretation
  - 9. Something else related to how the trail is sustainable
  - 10. Something cool you saw/experienced
- Captions have to explain each photo in 2-3 sentences

#### Assignment 4: Final Project

- Pick a hiking trail, rail trail, or transportation problem to address
- Work with the org. to define the problem
- Write chapters on layout/design, construction, maintenance, wayfinding, interpretation, as well as the econ., envi., and social implications
- Include maps+other images (photos/drawings)
- Critiques will lead to a final document.
- Make a slide show of 5-10 slides, with captions, to present to the class

#### Assignment 4: Final Project

- Tom has a list of projects OR you can propose your own
- Produce a document with 5-10 <u>Chapters</u> covering each of the following:
  - Layout/design
  - 2. Construction
  - 3. Maintenance
  - 4. Wayfinding
  - 5. Interpretation
  - 6. Economic impact
  - 7. Environmental impact
  - 8. Societal impact
  - 9. Photos/drawings (before/after, specifications, aerial, etc.)
  - 10. Map(s)—GIS? Google Earth? Other?
- Create a 10-minute/10-slide Final Presentation

## Assignments - Overview

Choose a Trail for Case Study:	9/8
Choose a Trail for Field Study:	9/10
Volunteer Proposal Due:	9/22
Case Study Due (15%):	9/29
Field Study Due (20%):	10/1
Case Study Presentations:	10/6
Field Study Presentations:	10/8
Final Project Proposals Due:	10/27
Volunteer Projects Due (25%):	11/3
Final Project chapters Due:	11/5-11/17
Volunteer Project Presentations:	11/10
Final Project 2 <sup>nd</sup> Draft Due:	11/19
Final Project Final Draft Due (30%):	12/8
Final Project Presentations:	12/8-12/10

## Assignments - Overview

**16** 

Tasks (by week #)	1	2	3	4	5	6	7	8	9	10	11	12	13
Choose Case Study		*											
Case Study Due					*								

\*

**Present Case Study** 

**Choose Field Study** 

**Field Study Due** 

**Present Field Study** 

**Propose Vol. Project** 

**Volunteer Project Due** 

**Present Vol. Project** 

**Propose Final Project** 

**Chapters Due** 

**Final Project Final Due** 

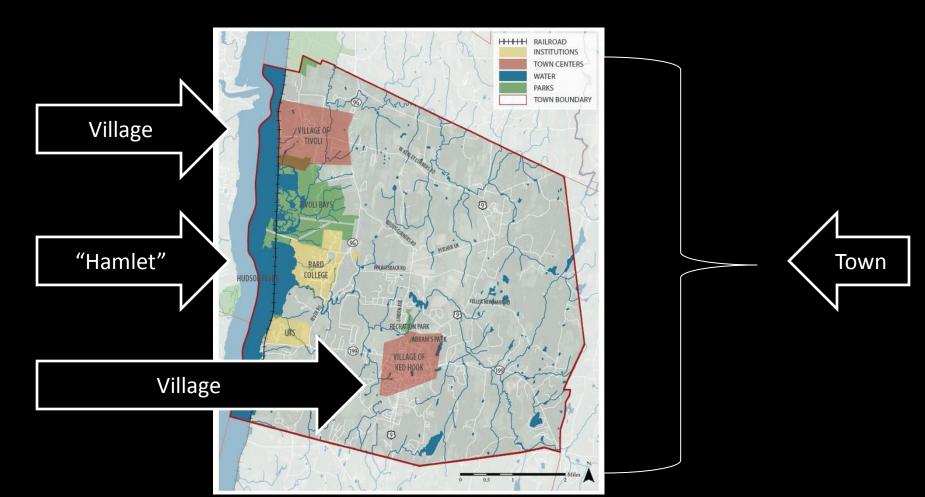
**Present Final Project** 

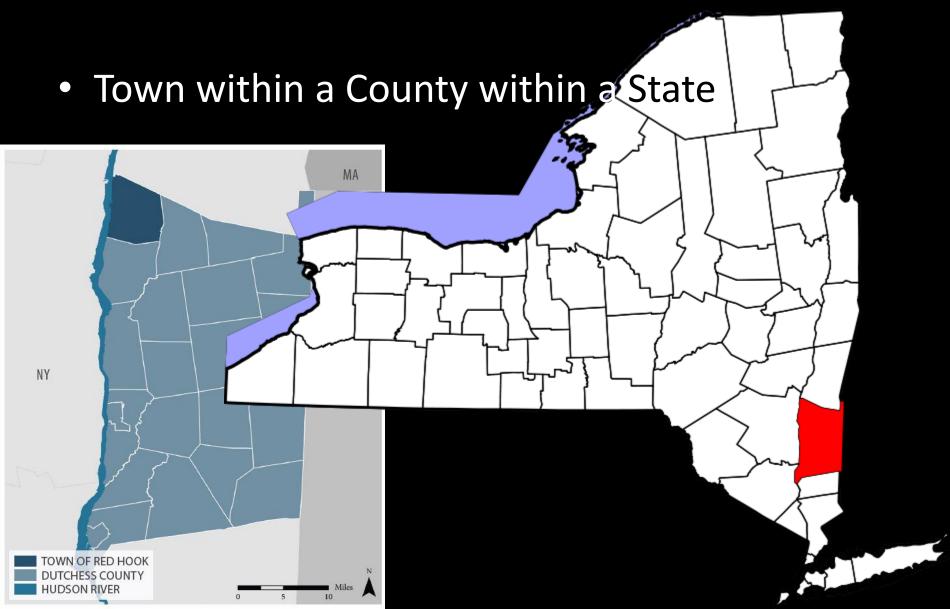
#### Participation (10%)

- Students will also complete various in-class and homework assignments and readings to satisfy the participation requirement (freewrites, group/individual quizzes, charrettes, etc.).
  - Ex: I wrote this several times in the syllabus:
     "List & Define Top 10 concepts from reading"
    - List: Will there always be ten? Try to find them.
    - Define: in your own words. 1-3 sentences.
    - Bonus: draw the concept/technique/tool!

Represent Bard student perspectives on trails from Tivoli to Bard to the Village of Red Hook

Town of Red Hook vs. Village of Red Hook





Town of Red Hook Greenway & Trails Committee

SMCCANN@REDHOOK.ORG

TOWN OF RED HOOK GREENWAY AND TRAILS COMMITTEE RED HOOK TOWN HALL, RED HOOK, NY monthly report – June, 2015

MEETING MINUTES --- 7:30 PM, Thursday, June 4, 2015

Committee members: Howie Callies, Bruce Cuttler, John Kuhn, Ana Sanjuan, Doug Strawinski, liaison Brenda Cagle

- We collaborated with the Bike Rodeo on Sat., May 16, 1-4 PM, for the Tour de Red Hook bike ride. Approximately 199 people attended the event.
- --- We installed and placed stone on another 50 ft. of the Aspinwall Access

The next meeting is scheduled for 7:30 PM, Thurs., July 2, 2015, at Red Hook Town Hall.

SMCCANN@REDHOOK.ORG

TOWN OF RED HOOK GREENWAY AND TRAILS COMMITTEE RED HOOK TOWN HALL, RED HOOK, NY monthly report – July, 2015

MEETING MINUTES --- 7:30 PM, Thursday, July 2, 2015

Committee members: Howie Callies, Bruce Cuttler, John Kuhn, Ana Sanjuan, Doug Strawinski, liaison Brenda Cagle

--- We installed and placed stone on the final 20 ft. of the Aspinwall Access
Trail. We also placed crushed item 4 gravel as a topping on 70 ft. of the trail.
We are planning the installation of trail drainage culverts.

The next meeting is scheduled for 7:30 PM, Thurs., Aug. 6, 2015, at Red Hook Town Hall.

Greenway Grant to hire ALTA Planning+Design

Greenway Criteria (based on 1991 Greenway Act)

**Hudson River** 

- Natural and Cultural Resources Protection
- Economic Development
- Public Access
- Regional Planning
- Heritage & Environmental Education

Greenway Grant to hire ALTA Planning+Design





#### **Design and Engineering**

Leading innovative bikeway and pedestrian facility design and construction

Learn More



#### **Complete Streets**

Safe, accessible, and green streets for all users

Learn More



#### Greenways

Creating trails, parks, and green spaces for recreation and transportation



#### **Education and Encouragement**

Reaching people, transforming behavior



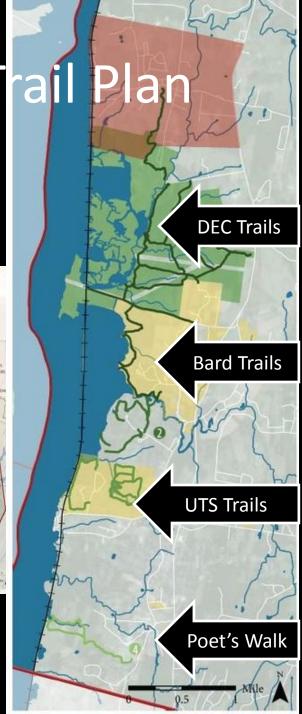
#### **Bike Share**

Determining how bike share can work in your community

Building on existing trails







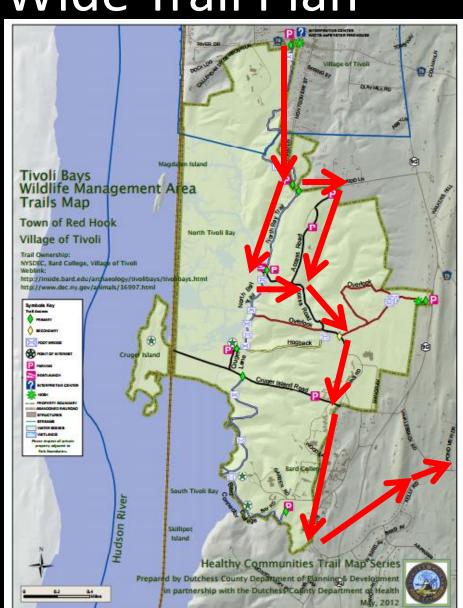
#### Red Hook Tow

- Building on existing trails
  - HRNERR
  - DEC
  - Bard paths
  - Bard roads

http://www.dec.ny.gov/docs/reme diation hudson pdf/tivoli.pdf



- Building on previous efforts
  - Village to VillageTrails



- Building on previous efforts
  - Hook Trail: <a href="http://www.hooktrail.com">http://www.hooktrail.com</a>



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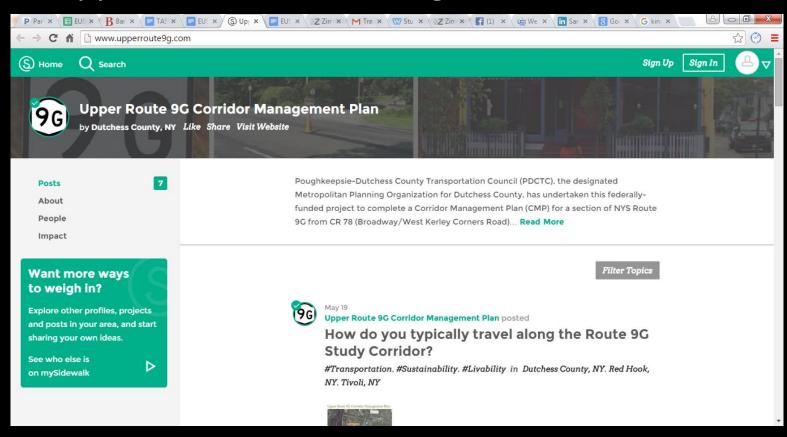






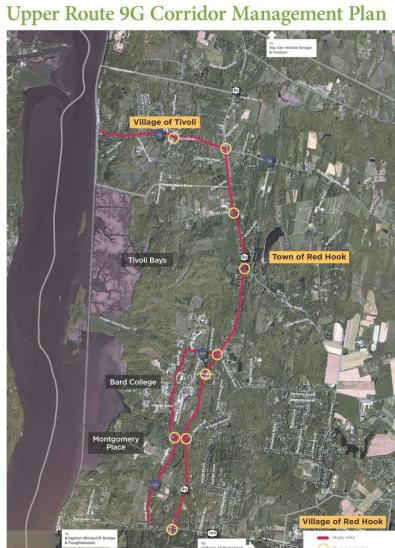
# Red Hook Town-Wide Trail Plan Hook Trail Route 9G Just North of Route 199 at Night

- Connected to other current efforts
  - Upper 9G Corridor Management Plan



http://www.upperroute9g.com/





- Facts from the 9G Corridor Public Meeting at Bard in the Spring:
- Crashes (2009-2013): 260
- Fatalities (2009-2014): 7
- Typical 2-lane highway
  - -0.5% of crashes  $\rightarrow$  fatalities
- This section of 9G:
  - -1% of crashes  $\rightarrow$  fatalities
- 30 vs. 40 MPG
  - means life vs. death in car-person crash

#### Homework

- Choose a trail for Case Study
- Read
  - AMC's Complete Guide: Chapters 1 and 10
  - Trail Design Slide Show:
     <a href="http://trailbuilders.org/wordpress/wp-content/uploads/2013/02/IntroToSustainableTrails.pdf">http://trailbuilders.org/wordpress/wp-content/uploads/2013/02/IntroToSustainableTrails.pdf</a>
- List & Define Top 10 concepts from reading(s)

#### **Exit Survey**

- What are the main assignments due this semester?
- What are some of the trail/transportation initiatives in Red Hook?
- What do you hope comes from your participation in the Red Hook trails planning process today?